

Diane Tufts' Recommended Reading

I tend to prefer books written from the point of view of a parent, but there are some others I really like, too.

Books I got from the Canton Library and found useful:

Eating an Artichoke: A Mother's Perspective on Asperger Syndrome by Echo R. Fling

Hitchhiking Through Asperger Syndrome by Lise Pyles and Tony Attwood

Pretending to be Normal: Living with Asperger's Syndrome by Liane Holliday Willey and Tony Attwood

Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence by Luke Jackson and Tony Attwood (This one is written by a 13-year-old with the diagnosis.)

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Books I own and would be willing to lend:

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children by Ross W. Greene (This is written for help in dealing with children with a wide variety of issues and diagnoses. I found it really tremendously helpful and practical and also enjoyable to read.)

Thinking in Pictures, Expanded Edition: My Life with Autism (Vintage) by Temple Grandin

Son-Rise: The Miracle Continues by Barry Neil Kaufman and Raun Kaufman (This is written by the father of a child who was diagnosed as severely autistic many years ago. Since there was no therapy program available at the time, the family developed their own. The son is an adult now and considers himself fully recovered, and he wrote the foreword to the book.)

Asperger's Syndrome: A Guide for Parents and Professionals by Tony Attwood